



PROBUS CLUB OF NARRABEEN LAKES INC.

Registered Number: Y2430248

Office Bearers

<i>President</i>	Lynn Grierson	9913 3964	<i>Auditor</i>		
<i>Vice President</i>	Ron Allars	0418 236 980	<i>Public Officer</i>		
<i>Secretary</i>	Pat Axford	0423 937 344	<i>Visitor Liaison</i>	Pam Faulkner	9940 1812
<i>Treasurer</i>	Ray Johnson	0413 706 100	<i>Assistant</i>		
<i>Speakers</i>	Martin Bes	0402 252 419	<i>Assistant</i>	Geoff Short	9913 2290
<i>Web Officer</i>	Ron Allars	0418 236 980	<i>Ambassador</i>	Lawrie Edey	9979 8465
<i>Event Coord.</i>	Helen Howes	0424 464 047	<i>Newsletter</i>	Runa Schmidt-Muller	0403 939 499
<i>Member Officer</i>	Liz Waring	0408 482 044			
<i>Welfare Officer</i>	Lyn Johnson	0413 706 107	<i>Past President</i>	Louis Gambrill	
<i>Website</i>	http://narrabeenlakesprobis.org.au Password: NLPC		<i>Postal Address:</i> POB 592 NARRABEEN 2101		

THIS MONTH'S MEETING – WEDNESDAY 24 MARCH 2021

FROM THE HELM

Dear Fellow Probians,

It was great to see so many of you returning to the club last month, enjoying socialising again.

This meeting, our **ANNUAL GENERAL MEETING**, is to ensure the smooth running of the club this year. As last year was virtually lost, except for our great Xmas lunch, the committee will remain the same until March 2022. We encourage you to offer to stand next year and perhaps shadow current committee members this year in readiness.

A group of us attended Monty Smith's Memorial at Newport Bowling Club a fortnight ago. A large crowd gathered to honour and remember him with Marie. His professional life as a chartered accountant spanned seventy years and he and Marie were founding members of the Food and Wine Society. Friends from Scouts, bowling, photography, painting and travel enjoyed the memories with his family.

Lynn Grierson
President

NEXT MEETING – WEDNESDAY 28 APRIL 2021

FINANCES		
Opening Balance	\$3276	February 2021
Receipts	\$734	Outings, Club Fees & Coffee/Tea
Payments	\$197	Venue, Speaker & Other Expenses
Closing Balance	\$3813	
Attendance at the last meeting		Members 51, Visitors 9
Bank Account Name: Narrabeen Lakes Probus Club BSB: 062205 Account No. 00902285		

Please remember to wear your membership badge

**Annual Membership Fees are due latest in March: renewal \$25, new members \$35.
Remember: If you haven't paid your membership, you are not insured for accidents on any of the Probus events, or on the way to/from it.
Membership lapses if fees are not paid by the AGM in March
Membership Status: 76**

**When paying cash, please have the correct money in an envelope with your name on it.
Cheques should be marked clearly with your name to avoid confusion.
Please don't forget to mention the event you are paying for.**

To use direct bank deposit to pay for events or your annual subscription, please make sure you put your name in the reference section and then email me at rwjcpa@bigpond.com with your name, amount paid, date and reason for payment.

If you are paying for outings or lunches, please also email Helen at helsim@internode.on.net.

Do you have any friends/neighbours who are looking to socialise and make new friends? Bring them along to our Probus meetings – every fourth Wednesday of the month. There is currently no waiting list and we are happy to welcome new members.

And if you are willing to engage in any of the offered activities, or even volunteer to help us keep our Club active and interesting, please come forward and let any of our committee members know!

Ray Johnson

WELFARE

A huge THANK YOU to **Ron Jones** for his dedication in providing us with morning tea over many years. Due to ill health Ron is retiring from this duty and we are looking for a replacement. If you can help out, please see me at the March meeting.

It was good to see **Ross Cheesman** return to the last meeting and we wish him a speedy recovery after his recent eye operation.

Best wishes to **Roger Marquet** who is currently undergoing dialysis and seems to be responding quite well.

Margaret Schubert, who had not been so well last year, has recovered and was looking good at the last meeting.

Lyn Johnson

OUTINGS, LUNCHES AND ACTIVITIES

OPAL EXCURSIONS AND PROBUS WALKS

As restrictions have somewhat eased and probably will ease a bit more in future months we will plan and suggest more outings for 2021, such as:

End of April: Lunch at **Saddles Restaurant at Mount White** on the Central Coast. Lovely setting, great food, not cheap but well worth it! Check out the menu at www.saddlesmtwhite.com.au
Maximum group 20. Need to book well in advance, so need to know whether you wish to participate at our next meeting. Self-Drive!

28-31 March: A few days away?

4 days tour with **On Course Tours to Mudgee**, exploring Mudgee vineyards, Henry Lawson Centre, Gulgong Opera House, Hill End, Sofala and more. Priced at \$900.00
More information to come. All subject to change of course. – **SOLD OUT!**

Wednesday 7 April: How long since you walked over the **Harbour Bridge** (no, not over the Arch!)? Our walk today will be from Milsons Point over the Bridge to the Rocks for lunch.

Meet at Neutral Bay Junction by 10.30 at the B1 bus stop. We then take the 230 to Milsons Point. And, no we are not walking up steps to the walkway. There is now a lift at either end. Walk across the Bridge to the lift at the other side, and down the Argyle Cut into the Rocks. There are steps here but they go down. Plenty of places for lunch, but any particular suggestions welcome. Your choice to return by ferry to Manly, or take the tram from Circular Quay to Wynyard and return via the B1.

Wednesday 12 May (change of date from 5 to 12 May): BBQ Sausage Sizzle at the Flying Fox Park Mona Vale (Winnererremy Bay). Details to follow at March meeting.

Thursday/Friday 29 - 30 July, 2 day tour to Camden Valley Inn Winter Yulefest Great accommodation, heritage dinner venue & entertainment. Includes Burragorang and historic Camden Park House. Price \$475, Single Supplement \$90. For details see separate page.
There may be some spaces available on this trip. If you are interested call **On Course Tours** direct on **9986 2400**, and say you are from Narrabeen Lakes Probus club.

Helen Howes

10 - 17 September Seaside Spring Holiday Week at Fingal Bay – Port Stephens
Just \$518 for a week in a 2 bedroom apartment. See separate sheet for details

Ron Allars

SPEAKERS

March: This month **Susan Joy Alexander**, former tennis champion and successful business woman, will tell us about her adventures in foreign lands while participating in international tournaments, and in particular of her “**Spanish Affair**,” now turned into a book.

April: **Collette Searl** will show and tell stories of the First World War through postcards of the time.

May: Stephen Cassettari is a full-time artist, writer and teacher of Chinese brush painting. He will amaze us with his Chinese artistic wizardry which he will perform before our eyes

Martin Bes

A Summary of Ivan's Life Story

I was born in Quirindi in 1931, the last of seven children. My memories begin with school at Bolah Gap, a one teacher school and I still have friends from that time. We travelled by horse and sulky and our horses including Clydesdales were cherished. At 10 years I had my own pony to ride to school.

World War II brought much change with so many joining up, including my brothers and sister, so we youngsters had to work hard at chores and during shearing time. We caught rabbits for the local skin merchant to earn pocket money; they were in plague numbers then. School holidays meant droving sheep, very boring for us kids.

Back in Quirindi for high school was terrific, running water and electricity! It was the start of my love of dancing, thanks to Mum and Dad taking us to the local, regular dances. And my first real interest in girls!

I left school at 15 doing an apprenticeship in clothing manufacture, lots of girls around!
In 1965 I moved to Industrial Textiles until I retired in 1992. All the way I enjoyed my sport, tennis, cricket, hockey and Rugby League.

Meeting Betty at a dance led to our marriage in 1953, a very happy partnership until her demise in 2012, despite losing our second child at birth. We proudly supported our son, a competitive swimmer at State and National events, officiating at most races. We enjoyed living on the central coast, playing golf and touring in our caravan in our retirement.

I was delighted to meet Roberta on a Probus trip a couple of years ago.
We're enjoying a new adventure together.

Ivan Heyman

Perks of reaching 60 or being over 70 and heading towards 80!

1. Kidnappers are not very interested in you.
2. In a hostage situation you are likely to be released first.
3. No one expects you to run -- anywhere.
4. People call at 8 PM and ask, "Did I wake you?"
5. People no longer view you as a hypochondriac.
6. There is nothing left to learn the hard way.
7. Things you buy now won't wear out.
8. You can eat supper at 5 pm.
9. Your supply of brain cells is finally down to manageable size.
10. You can't remember who sent you this list.
11. And you notice these are all in Big Print for your convenience.

UPCOMING EVENTS FOR 2021			
EVENT	TIME	COST	CONTACT
<p>WINING AND DINING</p> <p>Lunch after the meeting at Café NOURISHED Café & Lounge at North Narrabeen, 1 Narrabeen Park Pde , opposite Caravan Park . Helen will take your meal orders at the meeting and phone through to the cafe. She will circulate a limited menu and finalise orders by end of morning tea</p>	After meeting		
<p>OUTINGS</p> <p>Lunch at Saddles Restaurant, Mount White</p> <p>Walk across the Harbour Bridge. Meet at Neutral Bay Bus Stop</p> <p>BBQ Sausage Sizzle at Flying Fox Park, Mona Vale</p> <p>Christmas in July with On Course Tours 9986 2400, overnight stay in Camden</p>	<p>End of April</p> <p>Wed/7 Apr 10.30 am</p> <p>Wed/12 May</p> <p>Thu/Fri 29/30 Jul</p>	<p></p> <p>\$475</p>	<p>Helen Howes 0424 464 047</p> <p>Helen Howes 0424 464 047</p> <p>Helen Howes 0424 464 047</p>
<p>SPEAKERS</p> <p>Susan Joy Alexander will talk about her book “A Spanish Love Affair”</p>	Wed/24 Mar		<p>Martin Bes 0402 252 419</p>
<p>MEMBER TALK: summary of Ivan’s talk on separate page</p>			

COVID-19 restrictions still apply:

Members will have to register with the QR code (please make sure the NSW Services App is downloaded on your smart phone before coming). If you don't have a smart phone, you will be registered on a separate sheet;
Social distancing of 2 metres is in place. No mingling is allowed, so please enter the Church and head to your seat;
One empty seat between members, couples can sit together.

Newsletter Editor

MINUTES OF A MEETING OF THE PROBUS CLUB OF NARRABEEN LAKES INC. HELD ON 24TH FEBRUARY, 2021 AT THE NARRABEEN BAPTIST CHURCH

WELCOME by PRESIDENT

Lynn Grierson opened the meeting at 10.01am and welcomed all members and visitors to the meeting. Lynn reminded members about social distancing in the church.

Lynn also reminded members about Monty Smith's wake which will be held on 11th March 2021 at Newport Bowling Club at 2.30pm.

Lynn advised that the AGM will be held directly after the March meeting. The Committee will remain unchanged due to Covid-19 preventing us having any meetings for last year unless any member wishes to stand for a position.

MINUTES

The minutes of the meeting held on 27th January, 2021, having been circulated by newsletter or email, were approved on the motion of Lawrie Edey and seconded by Helen Howes and signed by the President.

TREASURER'S REPORT

Ray Johnson reported that there was an opening balance of \$2,893 receipts \$400, payments of \$17 with a closing balance of \$3,275.

SECRETARY'S REPORT

Presentation of Membership card to: Janet Collins

Presentation of Membership cards and badges to: Jill Carpenter, Judi Wilson, Bruce Wilson and Rosemarie Hamilton (re-issue)

BIRTHDAYS

Ron Allars distributed scratchies for members' February Birthdays.

MEMBERSHIP OFFICER

There were 51 members present at the meeting and 9 visitors.

Liz Waring reminded members that the membership fees are due and need to be paid at the March meeting if not already paid.

EXCURSIONS/OUTINGS and WALKS

Walk – Wednesday 3rd March 10am, Narrabeen Lake from Jamieson Park to South Creek and back. Flat walk and shady only 4.6km return. Maybe lunch at H2O or the Boatshed.

Walk – Wednesday 7th April – walking across the Harbour Bridge. Meeting at Neutral Bay bus stop at 10.30am.

Lunch – Saddles at Mt White March/April, self-drive. Carpooling can be arranged.

BBQ – Wednesday 5th May – sausage sizzle at Flying Fox park at Winnererremey Bay, Mona Vale

Trip – 4 day tour with On Course Tours to Mudgee exploring Mudgee vineyards, Henry Lawson Centre, Gulgong Opera House, Hill End, Sofala and more. Cost \$900pp. **SOLD OUT!**

Trip – Thursday/Friday 29th to 30th July (overnight stay) - Christmas in July at Camden Valley Inn with On Course Tours. \$485 (book direct with On Course Tours and mention Narrabeen Lakes Probus Club).

MEMBER TALKS

Ivan Heyman was the member speaker this month. Ivan presented members with a very entertaining talk on his life growing up on a farm. More detail on Ivan's talk will be included in the March newsletter.

WELFARE

Lyn Johnson advised the meeting that Frank and Elsie Carney have just celebrated 72 years of marriage. Congratulations to both Frank & Elsie as Frank was not present at the meeting.

GUEST SPEAKER

After breaking for morning tea our guest speaker was Richard Broinowski who gave a very informative talk on his various positions held whilst working as an Ambassador to numerous countries and was also a celebrated author.

The meeting finished at 11.50am. Confirmed, and signed by President.....

MINUTES OF THE 28TH ANNUAL GENERAL MEETING OF THE PROBUS CLUB OF NARRABEEN LAKES HELD ON THE 27TH MARCH 2019 AT THE NARRABEEN BAPTIST CHURCH

The meeting was opened at 10.28 am by Bob French-Member/Auditor.

MINUTES

The minutes of the previous Annual General Meeting held on 28th March 2018 having been circulated, were confirmed as a correct record on the motion of Monty Smith and seconded by Bob French.

REPORT OF PRESIDENT

Rosemarie thanked the executives, group leaders and service officers for their excellent support and efforts during the past year.

FINANCIAL REPORT

Treasurer Ray Johnson provided the meeting with the audited annual accounts.

ELECTION OF OFFICERS

Bob French advised the meeting that as there was only one nomination for President and one nomination for Vice President, voting is therefore not required. As there were no nominations for Treasurer and Secretary, both Ray Johnson and Pat Axford have agreed to stay in their positions for a further year. This will be their final year as these positions can only be held for a maximum of 3 years. Members have 12 months to ensure these positions are filled in 2020.

Nominations having been received by the due date for the four positions on the Management Committee, Bob French declared that the following persons were elected:-

PRESIDENT	Louis Gambrill
VICE PRESIDENT	Lynn Grierson
SECRETARY	Pat Axford
TREASURER	Ray Johnson

Vice President Lynn Grierson thanked Rosemarie Hamilton for her work as President for the past year.

The meeting closed at 10.37 am.

Confirmed.....President

OnCourse

TOURS AND TRAVEL

CAMDEN VALLEY INN WINTER YULEFEST



29TH & 30TH JULY 2021

2 DAY TOUR



The historic Camden Valley Inn, nestled amongst the rich heritage of the Macarthur countryside has designed a special Winter Yulefest Dinner with all the trimmings. We will enjoy some unique live entertainment, log fires and the ambience of this lovely old Inn over an excellent dinner. Our accommodation is 4 star and our spacious rooms are in a delightful garden setting looking across tranquil rural views.

The earliest developments of the Australian wool, wheat and wine industries are associated with the town following the original land grant from Lord Camden to John Macarthur in 1803. The town is home to a large number of heritage listed structures that reflect its strong links with the history of colonial settlement in Australia. Camden is rich in rural heritage with live stock sale yards, vineyards, Equestrian Park and dairy facilities. The township reveals in its heritage an interesting and varied range of architectural styles that reflect its evolution from the earliest days of European settlement through the modern era.

Our tour, apart from enjoying this fabulous night, allows us to explore the Macarthur region which has such a unique part in our nation's history.

Features of the tour include:

- * Morning tea at Barragootang Lookout
- * Lunch at Wollombilly Heritage Centre
- * Guided tour of Historic Camden Park
- * Camden Heritage Tour
- * Mt Assan Botanic Gardens
- * Campbelltown Arts Centre & Japanese Garden

Cost per person is \$475.00 and includes deluxe 4 star accommodation at the Camden Valley Inn (Ph: 4655 8415), all meals and admissions. The single supplement is \$90.00.

Probus Club of Narrabeen Lakes
Seaside Spring Holiday Week
Fingal Bay - Port Stephens 10th - 17th September 2021
Just \$518 for a week in a 2 Bedroom Apartment

After a year of isolation we are delighted to provide an opportunity to relax together and reconnect for a week in a beautiful beachside resort located an easy walk from:
Beach and Surf Club Cafe and Restaurant just across the road
Beachside walking trails and Parks with picnic and BBQ areas
Headland Parks and Whale watching platforms
Local Bowls Club with Bistro facilities
Local Shops and cafes

Resort facilities include swimming pools, BBQ's, picnic areas and free parking

We can also organise activities such as:

- Beach and bush walks
- Card Games, Bocce and other games activities
- Optional Dolphin Cruise on Port Stephens or Cruise to Tea Gardens
- Happy Hour together each afternoon
- Shared BBQ dinners
- Prawn and Oyster feast from the local Fishermans Market
- Fish and Seafood Dinner at Aussie Bob's Shoal Bay

This is a self-drive and self-catering holiday in well equipped apartments and we can assist with car sharing as needed. It is an easy 2.5 hour drive from Narrabeen. Also there is daily Express Coach transport available from Chatswood to Port Stephens at a concession cost of \$50 return for Seniors.

The **Seaside Holiday Resort** is operated by the Federation of Community, Sporting and Workers Clubs so membership of a club such as Harbord Diggers Club (\$10 pa) is the key to the pricing on offer and new members can easily join up online.

Be Quick - only 15 Apartments Available

Each 2 Bedroom Apartment sleeps up to 4 with a Queen main bedroom and twin beds in the other, each with built in robes and there is 1 Bathroom. The apartments are air conditioned and fully equipped with bedding, towels and linen as well as hotplates, ovens, microwaves and flatscreen smart TV's and free Wi Fi.

A Deposit of \$100 is needed to confirm a booking with the balance of \$418 due by our July meeting. If a Ground Floor or Accessible Apartment is essential, please be quick and advise when booking.

Book at our March Meeting to list your name and pay the deposit to our treasurer within 7 days

I have spent 3 holidays at this wonderful resort so I highly recommend it

Ron Allars