

## PROBUS CLUB OF NARRABEEN LAKES INC.

Registered Number: Y2430248

| Office Decrees  |   |              |                 |                     |              |  |  |  |
|-----------------|---|--------------|-----------------|---------------------|--------------|--|--|--|
| Office Bearers  |   |              |                 |                     |              |  |  |  |
| President       | Lynn Grierson                             | 9913 3964    | Auditor         |                     |              |  |  |  |
| Vice President  | Ron Allars                                | 0418 236 980 | Public Officer  |                     |              |  |  |  |
| Secretary       | Pat Axford                                | 0423 937 344 | Visitor Liaison | Pam Faulkner        | 9940 1812    |  |  |  |
| Treasurer       | Ray Johnson                               | 0413 706 100 | Assistant       |                     |              |  |  |  |
| Speakers        | Martin Bes                                | 0402 252 419 | Assistant       | Geoff Short         | 9913 2290    |  |  |  |
| Web Officer     | Ron Allars                                | 0418 236 980 | Ambassador      | Lawrie Edey         | 9979 8465    |  |  |  |
| Event Coord.    | Helen Howes                               | 0424 464 047 | Newsletter      | Runa Schmidt-Muller | 0403 939 499 |  |  |  |
| Member Officer  | Liz Waring                                | 0408 482 044 |                 |                     |              |  |  |  |
| Welfare Officer | Lyn Johnson                               | 0413 706 107 |                 |                     |              |  |  |  |
| Website         | http://narrabeenlakespr<br>Password: NLPC | obus.org.au  | Postal Address: | POB 592 NARRABEEN 2 | 101          |  |  |  |

#### THIS MONTH'S MEETING - WEDNESDAY 28 APRIL 2021

#### FROM THE HELM

Greetings Fellow Probians,

I hope you have been enjoying our beautiful autumn sunshine. Our club is going from strength to strength with many new members, a big welcome to you all.

Please would all members think of volunteering your talents and skills to the club, be it on committee or helping to organize activities. Ray Johnson has not been well and we wish him and Lyn all the very best. We urgently need a Treasurer to relieve Ray of his duties. You do not need to be an accountant.

Our club runs on volunteers and we all enjoy our camaraderie so much. So please think very seriously about what you might contribute.

Lynn Grierson President

**NEXT MONTH'S MEETING – WEDNESDAY 26 MAY 2021** 

| FINANCES  |       |                                 |  |  |  |
|---|-------|---------------------------------|--|--|--|
| Opening Balance   | \$TBA | March 2021                      |  |  |  |
| Receipts  | \$TBA | Outings, Club Fees & Coffee/Tea |  |  |  |
| Payments  | \$TBA | Venue, Speaker & Other Expenses |  |  |  |
| Closing Balance   | \$TBA |                                 |  |  |  |
| Attendance at the last meeting  |       | Members 54, Visitors 12         |  |  |  |
| Bank Account Name: Narrabeen Lakes Probus Club BSB: 062205 Account No. 00902285 |       |                                 |  |  |  |

#### Please remember to wear your membership badge

Annual Membership Fees are due latest in March: renewal \$25, new members \$35.

Remember: If you haven't paid your membership, you are not insured for accidents on any of the Probus events, or on the way to/from it.

Membership lapses if fees are not paid by the AGM in March

Membership Status: 84

When paying cash, please have the correct money in an envelope with your name on it.

Cheques should be marked clearly with your name to avoid confusion.

Please don't forget to mention the event you are paying for.

To use direct bank deposit to pay for events or your annual subscription, please make sure you put your name in the reference section and then email me at <a href="mailto:rwjcpa@bigpond.com">rwjcpa@bigpond.com</a> with your name, amount paid, date and reason for payment.

If you are paying for outings or lunches, please also email Helen at <a href="mailto:helsim@internode.on.net">helsim@internode.on.net</a>.

Do you have any friends/neighbours who are looking to socialise and make new friends? Bring them along to our Probus meetings – every fourth Wednesday of the month. There is currently no waiting list and we are happy to welcome new members.

And if you are willing to engage in any of the offered activities, or even volunteer to help us keep our Club active and interesting, please come forward and let any of our committee members know!

Ray Johnson

#### **WELFARE**

Our trusty morning tea provider **Ron Jones** hasn't been so well needing several stays in hospital but he tells me he is feeling better and looking forward to return to probus soon.

Thank you Ron for years of service and we wish you a speedy return to good health.

Remember to stay safe and well and have your COVID shot.

Sadly, we have to report another death in our Probus family: **Margaret Bannerman** passed away on April 20. Family and friends are warmly invited to a Requiem Mass to celebrate her life to be held at Saint Kevin's Catholic Church in Dee Why on Wednesday 28 April, at 1.30 pm.

#### **OUTINGS, LUNCHES AND ACTIVITIES**

#### OPAL EXCURSIONS AND PROBUS WALKS

No walks in May – too little interest from Probus members.

**Monday, 26 April:** Lunch at **Saddles Restaurant at Mount White** on the Central Coast. Lovely setting, great food, not cheap but well worth it! Check out the menu at <a href="www.saddlesmtwhite.com.au">www.saddlesmtwhite.com.au</a>
Self-Drive! 8 members confirmed to participate.

Wednesday, 12 May midday onwards: BBQ Sausage Sizzle at the Flying Fox Park Mona Vale (Winnererremy Bay).

Sausages, onions, bread rolls and red and white wine provided. BYO chair, glass or cup, beer/soft drink, other meat if required.

Cost \$5.00 CASH PAYABLE AT APRIL MEETING

Thursday/Friday 29 - 30 July, 2 day tour to Camden Valley Inn Winter Yulefest Great accommodation, heritage dinner venue & entertainment. Includes Burragorang and historic Camden Park House. Price \$475, Single Supplement \$90. For details see separate page.

There may be some spaces available on this trip. If you are interested call **On Course Tours** direct on **9986 2400**, and say you are from Narrabeen Lakes Probus club. **SOLD OUT** 

10 - 17 September Seaside Spring Holiday Week at Fingal Bay – Port Stephens

Just \$518 for a week in a 2 bedroom apartment. See separate sheet for details

Three two-bed cabins are still available.

Talk to Helen at the April meeting if you would like to come.

Helen Howes

#### **SPEAKERS**

**April:** This month **Collette Searl** will talk and display some of the 10 million incredible silk postcards produced by women in Belgium and France during the First World War. Over 10 million silk postcards were produced and sent from the front during WWI and over a century later many still are as vibrant as they were then. These postcards were painstakingly embroidered by the women of France and Belgium and helped mask the terrible reality of war from the loved ones at home

**May: Stephen Cassettari** will amaze us with his Chinese artistic wizardry which he will perform before our eyes. Stephen produces a range of hand painted cards & posters, also books, and a yearly calendar featuring his poetry and paintings, plus screens and murals of such subjects as birds, flowers, landscape, animals, Australian flora and fauna. During the demonstration original paintings will be produced, that afterwards they will be available to members.

**June Dale Rees-Bevan** will share some of her secrets in brain training, mastering the art of memory and exploring the powers of the mind!

Martin Bes

| UPCOMING EVENTS FOR 2021   |                    |      |                             |  |  |
|--|--------------------|------|-----------------------------|--|--|
| EVENT  | TIME               | COST | CONTACT                     |  |  |
| WINING AND DINING  |                    |      |                             |  |  |
| Lunch after the meeting at Café NOURISHED Café & Lounge at North Narrabeen, 1 Narrabeen Park Pde, opposite Caravan Park.  Helen will take your meal orders at the meeting and phone through to the cafe. She will circulate a limited menu and finalise orders by end of morning tea | After meeting      |      | Helen Howes<br>0424 464 047 |  |  |
| OUTINGS  |                    |      |                             |  |  |
| Lunch at Saddles Restaurant, Mount White   | Mon/26 Apr         |      | Helen Howes                 |  |  |
| BBQ Sausage Sizzle at Flying Fox Park, Mona Vale   | Wed/12 May<br>noon |      | 0424 464 047                |  |  |
| Seaside Spring Holiday Week Three two-bed cabins are still available.  | 10-17 Sep          |      | Helen Howes<br>0424 464 047 |  |  |
| SPEAKERS   |                    |      |                             |  |  |
| Collette Searl will talk and display some of the 10 million incredible silk postcards  | Wed/28 Apr         |      | Martin Bes<br>0402 252 419  |  |  |
| MEMBER TALK: Norma Moran   | Wed/28 Apr         |      |                             |  |  |

#### **COVID-19 restrictions still apply:**

Members will have to register with the QR code (please make sure the NSW Services App is downloaded on your smart phone before coming). If you don't have a smart phone, you will be registered on a separate sheet;

Social distancing of 2 metres is in place. No mingling is allowed, so please enter the Church and head to your seat;

One empty seat between members, couples can sit together.

**Newsletter Editor** 

### MINUTES OF A MEETING OF THE PROBUS CLUB OF NARRABEEN LAKES INC. HELD ON 24<sup>TH</sup> MARCH, 2021 AT THE NARRABEEN BAPTIST CHURCH

#### WELCOME by PRESIDENT

Lynn Grierson opened the meeting at 10.01am and welcomed all members and visitors to the meeting. Lynn reminded members about social distancing in the church.

Lynn reminded that membership fees must be paid today at the latest.

Lynn advised the meeting that the AGM would immediately follow the monthly meeting and reminded all members that nominations could still be made prior to the AGM for the Secretary and/or Treasurer positions.

#### **MINUTES**

The minutes of the meeting held on 24<sup>th</sup> February, 2021, having been circulated by newsletter or email, were approved on the motion of Rosemarie Hamilton and seconded by Ivan Heyman and signed by the President.

#### TREASURER'S REPORT

Ray Johnson reported that there was an opening balance of \$3,276, receipts \$734, payments of \$197 with a closing balance of \$3,813.

#### SECRETARY'S REPORT

Presentation of Membership card to: Wendy Hordern

#### **BIRTHDAYS**

Ron Allars distributed scratchies for members' March Birthdays.

#### MEMBERSHIP OFFICER

There were 51 members present at the meeting and 12 visitors. 9 of these visitors joined the club on the day. Liz advised we have 70 members plus 9 new members.

#### **EXCURSIONS/OUTINGS and WALK**

**Walk** – Wednesday 7<sup>th</sup> April – walking across the Harbour Bridge. Meeting at Neutral Bay bus stop at 10.30am.

**Lunch** – Saddles at Mt White in April, self drive. Carpooling can be arranged.

BBQ – Wednesday 12<sup>th</sup> May – sausage sizzle at Flying Fox park at Winnererremey Bay, Mona Vale

**Trip** – 4 day tour 28<sup>th</sup>-31<sup>st</sup> March with On Course Tours to Mudgee exploring Mudgee vineyards, Henry Lawson Centre, Gulgong Opera House, Hill End, Sofala and more. Cost \$900pp. **SOLD OUT!** 

**Trip** – Friday 29<sup>th</sup> to 30<sup>th</sup> July (overnight stay) - Christmas in July at Camden Valley Inn with On Course Tours. \$485 (book direct with On Course Tours and mention Narrabeen Lakes Probus Club).

**Trip** – 10<sup>th</sup> – 17<sup>th</sup> September – a spring holiday break at Seaside Holiday Resort at Fingal Bay, Port Stephens. \$518 for a 2br apartment. \$100 deposit was required on the day as this had to be paid the following day to secure the booking. To participate in this adventure you need to be a member of Harbord Diggers Club. Joining the club can be attended on line or in person. Ron Allars is handling this booking, he can be contacted if further information is required.

#### MEMBER TALKS

There was no member speaker this month due to the AGM being held following the meeting.

#### **WELFARE**

Ray Johnson, our esteemed and loved Treasurer has had a bad month health wise. Ray has been in a couple of hospitals a couple of times and it was lovely to see him at the meeting today. We wish him well in his recovery.

#### **GUEST SPEAKER**

After the Annual General Meeting was held and after breaking for morning tea our guest speaker was Sue Alexander, former champion tennis player and successful business woman who talked about her adventures in foreign lands while participating in international tournaments. She also spoke about her book "Spanish Love Affair".

| The  | meeting    | finished | at 11          | 50am |
|------|------------|----------|----------------|------|
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Confirmed, and signed by President.....

## Three two-bed cabins are still available. Talk to Helen at the April meeting if you would like to come.

# Probus Club of Narrabeen Lakes Seaside Spring Holiday Week Fingal Bay - Port Stephens 10th - 17th September 2021

Just \$518 for a week in a 2 Bedroom Apartment

After a year of isolation we are delighted to provide an opportunity to relax together and reconnect for a week in a beautiful beachside resort located an easy walk from:

Beach and Surf Club Cafe and Restaurant just across the road

Beachside walking trails and Parks with picnic and BBQ areas

Headland Parks and Whale watching platforms

Local Bowls Club with Bistro facilities

Local Shops and cafes

Resort facilities include swimming pools, BBQ's, picnic areas and free parking

We can also organize activities such as:

- Beach and bush walks
- Card Games, Bocce and other games activities
- Optional Dolphin Cruise on Port Stephens or Cruise to Tea Gardens
- Happy Hour together each afternoon
- Shared BBQ dinners
- Prawn and Oyster feast from the local Fisherman's Market
- Fish and Seafood Dinner at Aussie Bob's Shoal Bay

This is a self-drive and self-catering holiday in well equipped apartments and we can assist with car sharing as needed. It is an easy 2.5 hour drive from Narrabeen. Also, there is daily Express Coach transport available from Chatswood to Port Stephens at a concession cost of \$50 return for Seniors.

The **Seaside Holiday Resort** is operated by the Federation of Community, Sporting and Workers Clubs so membership of a club such as Harbord Diggers Club (\$10 pa) is the key to the pricing on offer and new members can easily join up online.

#### Be Quick - only 15 Apartments Available

Each 2 Bedroom Apartment sleeps up to 4 with a Queen main bedroom and twin beds in the other, each with built in robes and there is 1 Bathroom. The apartments are air conditioned and fully equipped with bedding, towels and linen as well as hotplates, ovens, microwaves and flatscreen smart TV's and free Wi Fi.

A Deposit of \$100 is needed to confirm a booking with the balance of \$418 due by our July meeting. If a Ground Floor or Accessible Apartment is essential, please be quick and advise when booking.

Book at our April Meeting to list your name and pay the deposit to our treasurer within 7 days

I have spent 3 holidays at this wonderful resort so I highly recommend it

Ron Allars









#### TRIP TO MUDGEE - 28-31 April, 2021

What a great time we had on our four-day Mudgee Trip with Oncourse Tours combining with several members of other local Probus Clubs.

The weather was perfect and the countryside everywhere was beautiful after recent rains. It was not even too windy where we had our delicious seafood al fresco lunch in the beautiful Windyridge Garden at Mt. Wilson.

The Mudgee Parklands Resort was top rate for our three nights. It's a great town Mudgee, and handy to other places of special interest. The Resort provided excellent breakfasts, very happy, happy-hours and excellent dinners.

Our visit to Gulgong, the "ten dollar town", was full of interest. The old mining town always amazes with its narrow streets, wonderful museums and everywhere images of Henry Lawson. It is also famous for its Prince of Wales Opera House, where we attended an evening performance of comedy, poetry and songs.

And then Hill End – also a wonderful historic sight with many heritage buildings and the most amazing huge range of items and displays in its History Hill Museum. Sofala is somewhat smaller but well looked after and beautifully located on the Turon River.

The final day was a trip through Merriwa and Denman and good farming country to Jerry's Plains in the Hunter Valley. The visit to Coolmore Thoroughbred Stud was certainly an eye opener. The immense grounds are like a well-tended park. The little village for staff and the stables are kept immaculately. For our group they paraded two of their beautifully groomed stallions, one of which was said to be worth \$60 million dollars – see photo.

Finally, a lovely lunch at Pokolbin before hitting the highway back home after four days on the loose.

Lawrie Edey