



NARRABEEN LAKES PROBUS CLUB INC.

Registered Number: Y2430248

Office Bearers

<i>President</i>	Lynn Grierson	9913 3964	<i>Auditor</i>		
<i>Vice President</i>	Ron Allars	0418 236 980	<i>Public Officer</i>		
<i>Secretary</i>	Pat Axford	0423 937 344	<i>Visitor Liaison</i>	Pam Faulkner	9940 1812
<i>Treasurer</i>	Norma Moran	0405 171 595	<i>Assistant</i>		
<i>Speakers</i>	Martin Bes	0402 252 419	<i>Assistant</i>	Geoff Short	9913 2290
<i>Web Officer</i>	Ron Allars	0418 236 980	<i>Ambassador</i>	Lawrie Edey	9979 8465
<i>Event Coord.</i>	Helen Howes	0424 464 047	<i>Newsletter</i>	Runa Schmidt-Muller	0403 939 499
<i>Member Officer</i>	Liz Waring	0408 482 044			
<i>Welfare Officer</i>	Lyn Johnson	0413 706 107			

Website <http://narrabeenlakesprobus.org.au>
Password: NLPC

Postal Address: POB 592 NARRABEEN 2101

THIS MONTH'S MEETING – WEDNESDAY 23 JUNE 2021

FROM THE HELM

Greetings Fellow Probians

We certainly know we are into winter now, with some very cold days lately. Fortunately, we have also enjoyed clear, blue skies, great for a brisk walk and hot chocolate! We have some great outings coming up, another barbecue at Flying Fox Park in July and our June 30th lunch at Limani's on the lagoon at Narrabeen.

Please bring your \$40 for the lunch today, see the details below.

We are encouraging all members to use our internet banking facility in line with modern practice. If you don't do internet banking, pay cash in an envelope, clearly marked with your name and the event you are paying for.

Our Chinese paintings, seven in all, will be raffled at our meeting for those interested. The tickets will be free but the winners will each pay \$5 for their choice.

So very good luck to you fortunate seven!

Lynn Grierson
President

NEXT MONTH'S MEETING – WEDNESDAY 28 JULY 2021

FINANCES

Opening Balance	\$3829.26	May 2021
Receipts	\$1770.00	Outings, Club Fees & Coffee/Tea
Payments	\$1557.00	Venue, Speaker & Other Expenses
Closing Balance	\$4042.26	
Attendance at the last meeting		Members 51, Visitors 9
Bank Account Name: Narrabeen Lakes Probus Club BSB: 062205 Account No. 00902285		

Please remember to wear your membership badge

Annual Membership Fees are due latest in March: renewal \$25, new members \$35.

Remember: If you haven't paid your membership, you are not insured for accidents on any of the Probus events, or on the way to/from it.

Membership lapses if fees are not paid by the AGM in March

Membership Status: 83

WHEN PAYING CASH, PLEASE HAVE THE CORRECT MONEY IN AN ENVELOPE WITH YOUR NAME ON IT.

CHEQUES SHOULD BE MARKED CLEARLY WITH YOUR NAME TO AVOID CONFUSION.

PLEASE DON'T FORGET TO MENTION THE EVENT YOU ARE PAYING FOR

To use direct bank deposit to pay for events or your annual subscription, please make sure you put your name in the reference section and then email me at nonny.moran@gmail.com with your name, amount paid, date and reason for payment.

If you are paying for outings or lunches, please also email Helen at helsim@internode.on.net.

As indicated last month, our Meeting Fee will increase to **\$5 starting in July 2021** to cover expenses and to contribute a little to our Xmas lunch as we have in the past.

We prefer paper money to coins!

Do you have any friends/neighbours who are looking to socialise and make new friends? Bring them along to our Probus meetings – **every fourth Wednesday of the month**.

There is currently no waiting list and we are happy to welcome new members.

And if you are willing to engage in any of the offered activities, or even volunteer to help us keep our Club active and interesting, please come forward and let any of our committee members know.

Norma Moran

And on a personal note:

I have been the Editor of the Newsletter for the past 5+ years. Time for a change. If anyone is game enough to take over, please let me know. I will be happy to hand over and give another Probus member a go!

Training included.

Runa Schmidt-Muller

OUTINGS, LUNCHES AND ACTIVITIES

Wednesday, 30 June, 12.30: EOFY Lunch at Limani's at Narrabeen.

The restaurant has had extensive renovations and is open for business again.

Two course lunch for \$40, including a glass of wine/beer and tips, payable at June meeting. Payment by cash in an envelope, marked with event, name and menu choice.

For our group booking we need to pre-order our meals – see the **Special Menu below**

Choice of Main:

Barramundi fillet, grilled, served with roasted pumpkin, greens and lemon cream sauce

Squid salad served with curly endive salad, sugar peas, shallots, mint, goats cheese, grapes and apple cider dressing

Fish and chips, beer battered fillets served with chips, salad and tartare sauce

Veal scallopine grilled, served with chats, vegies and peppercorn jus

Chicken Marsala cutlets with mushrooms and gratin potatoes

Ricotta ravioli with artichoke, sundried tomatoes, lemon brown butter, tomato, fresh herbs and grana padano

Choice of Dessert:

Lemon tart, meringue and raspberry coulis

Individual pavlova with strawberries, passion fruit sauce, mixed berry sauce, chantilly cream and chocolate swirls

Sticky date pudding with house made toffee, butterscotch sauce and vanilla bean gelato

Toblerone pate served with caramel sauce, chocolate bark, peanuts and hokey pokey ice cream

Mixed berry cheesecake served with cream and berry coulis

Baklava served with Greek yoghurt, honey and crushed pistachios

If you have already paid for the lunch, please indicate your choice of menu on an envelope.

Wednesday, July 7: Meet at Winnererremy Bay (Flying Fox Park) at 10.00 and walk to Church Point. Coffee at Church Point cafe or Pasadena.

Is anyone interested in going on a round trip on the ferry before walking back?

Ferry leaves at 11.30, back at 12.10. \$9.00 round trip.

Wednesday, 14 July, midday onwards: thanks to the big success last month, we have decided to meet for another BBQ Sausage Sizzle at the Flying Fox Park (Winnererremy Bay) Mona Vale.

Sausages, onions, bread rolls and red and white wine are provided. Bring your own chair, glass or cup, beer/soft drink or other meat if required.

How about dressing up in blue/white/red for BASTILLE DAY? And bring a French Dessert to share!

Cost \$5, cash payable at June meeting

10 - 17 September Seaside Spring Holiday Week at Fingal Bay – Port Stephens

Perfect trip which is a great opportunity to build friendships and enjoy more BBQs such as the most recent one. Only \$518 for a week in a 2 bedroom apartment. See separate sheet for details

A few apartments are still available. Talk to Helen or Ron at the June meeting if you would like to come.

Helen Howes

THEATRE 2021

We received an invitation from Elanora Players – see below. We are not planning a group outing to see and hear their Monologues and Two-Handers but invite you to venture out on your own to any of the given dates in July – as indicated below.

As soon as we have a date for the **MOON OVER BUFFALO** performance, I will again arrange a group visit for a Sunday 3 pm Matinee performance in October and will advise you in the Newsletter.

NEWS FROM ELANORA PLAYERS

Dear Friends of EP

We are very pleased to announce that Elanora Players are returning.

Our Farewell to Elanora showstopper postponed from January 2021 will now be performed in July 2021 at the Elanora venue and you are cordially invited as our guest.

There will be nine (9) performances and you will have to book to secure a seat in these COVID times. Seating numbers will be limited according to latest government decrees.

The show will be a selection of monologues and two-handers starring some of your old favourite actors plus our new members. The set/stage will be minimal with actors in the raw, so to speak.

Performance Dates

Fri 2nd July 8pm

Sat 3rd July 3pm and 8pm

Sunday 4th July 11am and 3pm

Thursday 8th July 8pm

Friday 9th July 8pm

Saturday 10th July 3pm and 8pm

Tickets available from 8th May so please contact our **new Booking Manager, Wade on 0488 374 545** after this date to secure your seat.

**No payments required for these performances, as you are our guests
BUT DONATIONS WILL BE GRATEFULLY RECEIVED AT EACH PERFORMANCE**

Due to Council/NSW govt regulations there will be no tea/coffee served during this show but there will be a short interval so please feel free to bring your own refreshments including cup or glass as there will be no front-of-house staff or kitchen facilities available and we ask that you remove any items you bring.

We hope to see you all to make this auspicious occasion a huge success.

Refurbishments of our company's new premises at North Narrabeen are proceeding on schedule and we plan to perform our first full play

Moon Over Buffalo in October 2021

Runa Schmidt-Muller

SPEAKERS

June: Dale Rees-Bevan will share some of her secrets in brain training, mastering the art of memory and exploring the powers of the mind! Dale is a highly respected trainer, author, speaker and coach specialising in working with professionals.

July: Ian Thompson will talk about **Iconic Australian Inventions of our Time**. Now that we are back with face-to-face presentations at the Baptist Church, this talk will be more lively and entertaining compared to the zoom presentation last year which was only attended by a few of our members (mainly the committee).

Martin Bes

UPCOMING EVENTS FOR 2021			
EVENT	TIME	COST	CONTACT
<p>WINING AND DINING</p> <p>Lunch after the meeting at Café NOURISHED Café & Lounge at North Narrabeen, 1 Narrabeen Park Pde , opposite Caravan Park . Indicate your meal orders at the meeting for pre-ordering</p> <p>Lunch at Limani's at Narrabeen</p> <p>Christmas Lunch – keep the date free</p>	<p>After meeting</p> <p>Wed/30 Jun</p> <p>Fri/3 Dec</p>	<p></p> <p>\$40</p>	<p>Helen Howes 0424 464 047</p>
<p>OUTINGS</p> <p>Walk from Winnererremy Bay, Mona Vale to Church Point. Maybe round trip on ferry, coffee at Church Point Café or Pasadena</p> <p>BBQ Sausage Sizzle at Winnererremy Bay, Mona Vale</p> <p>Seaside Spring Holiday Week at Fingal Bay Apartments are still available. Deposit required: \$100 Details on separate sheet</p>	<p>Wed/7 Jul</p> <p>Wed/14 Jul</p> <p>10-17 Sep</p>	<p>\$9</p> <p>\$5</p>	<p>Helen Howes 0424 464 047</p> <p>Helen Howes 0424 464 047 Ron Allars 0418 236 980</p>
<p>SPEAKERS</p> <p>Dale Rees-Bevan, memory and brain training</p>	<p>Wed/23 Jun</p>		<p>Martin Bes 0402 252 419</p>
<p>MEMBER SPEAKER: Helen Howes</p>	<p>Wed/23 Jun</p>		

COVID-19 restrictions still apply: PLEASE REMEMBER TO GET VACCINATED

Members will have to register with the QR code (please make sure the NSW Services App is downloaded on your smart phone before coming). If you don't have a smart phone, you will be registered on a separate sheet; Social distancing of 2 metres is in place. No mingling is allowed, so please enter the Church and head to your seat;

One empty seat between members, couples can sit together.

MINUTES OF A MEETING OF THE PROBUS CLUB OF NARRABEEN LAKES INC. HELD ON 26TH MAY, 2021 AT THE NARRABEEN BAPTIST CHURCH

WELCOME by PRESIDENT

Lynn Grierson opened the meeting at 10.01am and welcomed all members and visitors to the meeting. Lynn advised the meeting that morning tea would remain free of charge up to and including June meeting. From July morning tea will increase to \$5 and requested this be paid by a \$5 note rather than coins. Lynn asked the meeting if they would like a meeting in December as our January meeting would fall on Australia Day. The majority of the meeting declined to have a December meeting. Lynn advised the meeting that Ray Johnson has resigned as Treasurer due to ill health. Lynn thanked Ray very much for his good work over the past 4 years. Lynn officially welcomed Norma Moran as Treasurer.

MINUTES

The minutes of the meeting held on 28th April, 2021, having been circulated by newsletter or email, were approved on the motion of Jo Gravemade and seconded by Helen Howes and signed by the President.

TREASURER'S REPORT

Ray Johnson presented the figures up till the May meeting.

SECRETARY'S REPORT

Presentation of Membership card and badge to:

Jenny Allsopp

Presentation of Membership cards to:

Jan Bentley; Jan Delohery; John Delohery; Gail Klein; Klaus Klein; Johanna Koster; Carlotta Rolls; Nerilyn Schooley

Russell Hammond and Carole Lloyd were not present at the meeting so will receive their membership badges and membership cards at June meeting.

BIRTHDAYS

Ron Allars distributed scratchies for members' May Birthdays.

MEMBERSHIP OFFICER

There were 51 members present at the meeting and 9 visitors. 3 of these visitors joined the club on the day. Liz advised we have 85 members.

EXCURSIONS/OUTINGS and WALK

EOFY Lunch –Wednesday 30th June at Limani's. Cost \$40pp includes two courses and a glass of wine. Money to be paid by June meeting at the latest.

Trip – Friday 29th to 30th July (overnight stay)- Christmas in July at Camden Valley Inn with On Course Tours for \$485. This trip is now booked out.

Trip – 10th – 17th September – a spring holiday break at Seaside Holiday Resort at Fingal Bay, Port Stephens. \$518 for a 2br apartment. \$100 deposit was required on the day as this had to be paid the following day to secure the booking. Ron has booked 15 apartments and so far 12 of these have been taken up. Any members interested in the remaining 3 apartments to speak to Ron.

Walk – to be arranged for 1st Wednesday of July.

GENERAL BUSINESS

The Commonwealth Bank require the following information to enable update of signatories:
Name of Association and bank account no: Narrabeen Lakes Probus Club Inc. Branch 062-205 A/c No. 00902285
Method of Operation: Any one of the authorised signatories to sign
List of Signatories on Account: Norma Gwendoline Moran, Lynn Grierson and Patricia Elizabeth Axford

MEMBER TALKS

Member speaker Martin Bes spoke about the early part of his arrival in Australia from Spain. The meeting would have found Martin's talk very interesting and to think he had to go to school without knowing how to speak or write English! It must have been so difficult. We heard about his first couple of jobs and now look forward to hearing the second part of his talk on the years after the first two jobs which obviously were not what Martin really wanted.

WELFARE

Lynn Johnson advised the meeting that she attended Margaret Bannerman's funeral and said it was a lovely service.

GUEST SPEAKER

Stephen Cassettari entertained the meeting with his amazing talent of Chinese painting. Stephen produced six paintings in 45 minutes which were truly amazing. He left these for the club to distribute to members at June meeting.

The meeting finished at 11.45am. Confirmed, and signed by President.....

**Some apartments are still available.
Talk to Helen or Ron at the June meeting if you would like to come.**

**Probus Club of Narrabeen Lakes
Seaside Spring Holiday Week
Fingal Bay - Port Stephens 10th - 17th September 2021
Just \$518 for a week in a 2 Bedroom Apartment**

After a year of isolation we are delighted to provide an opportunity to relax together and reconnect for a week in a beautiful beachside resort located an easy walk from:

Beach and Surf Club Cafe and Restaurant just across the road
Beachside walking trails and Parks with picnic and BBQ areas
Headland Parks and Whale Watching Platforms
Local Bowls Club with Bistro facilities, as well as Local Shops and Cafes

Resort facilities include swimming pools, BBQ's, picnic areas and free parking

We can also organize activities such as:

- Beach and bush walks
- Card Games, Bocce and other games activities
- Optional Dolphin Cruise on Port Stephens or Cruise to Tea Gardens
- Happy Hour together each afternoon
- Shared BBQ dinners
- Prawn and Oyster feast from the local Fisherman's Market
- Fish and Seafood Dinner at Aussie Bob's Shoal Bay

This is a self-drive and self-catering holiday in well equipped apartments and we can assist with car sharing as needed. It is an easy 2.5 hour drive from Narrabeen. Also, there is daily Express Coach transport available from Chatswood to Port Stephens at a concession cost of \$50 return for Seniors.

The **Seaside Holiday Resort** is operated by the Federation of Community, Sporting and Workers Clubs so membership of a club such as Harbord Diggers Club (\$10 pa) is the key to the pricing on offer and new members can easily join up online.

Be Quick - only 15 Apartments Available

Each 2 Bedroom Apartment sleeps up to 4 with a Queen main bedroom and twin beds in the other, each with built in robes and there is 1 Bathroom. The apartments are air conditioned and fully equipped with bedding, towels and linen as well as hotplates, ovens, microwaves and flatscreen smart TV's and free Wi Fi.

A Deposit of \$100 is needed to confirm a booking with the balance of \$418 due by our July meeting. If a Ground Floor or Accessible Apartment is essential, please be quick and advise when booking.

Book at our April/May/June Meeting to list your name and pay the deposit to our treasurer within 7 days

I have spent 3 holidays at this wonderful resort so I highly recommend it

Ron Allars