



NARRABEEN LAKES PROBUS CLUB INC.

Registered Number: Y2430248

Office Bearers

<i>President</i>	Lynn Grierson	9913 3964	<i>Auditor</i>		
<i>Vice President</i>	Ron Allars	0418 236 980	<i>Public Officer</i>		
<i>Secretary</i>	Pat Axford	0423 937 344	<i>Visitor Liaison</i>	Pam Faulkner	9940 1812
<i>Treasurer</i>	Norma Moran	0405 171 595	<i>Assistant</i>		
<i>Speakers</i>	Martin Bes	0402 252 419	<i>Assistant</i>	Geoff Short	9913 2290
<i>Web Officer</i>	Ron Allars	0418 236 980	<i>Ambassador</i>	Lawrie Edey	9979 8465
<i>Event Coord.</i>	Helen Howes	0424 464 047	<i>Newsletter</i>	Runa Schmidt-Muller	0403 939 499
<i>Member Officer</i>	Liz Waring	0408 482 044			
<i>Welfare Officer</i>	Lyn Johnson	0413 706 107			

Website <http://narrabeenlakesprobus.org.au>
Password: NLPC

Postal Address: POB 592 NARRABEEN 2101

THIS MONTH'S MEETING – WEDNESDAY 23 FEBRUARY 2022

FROM THE HELM

Greetings Fellow Probians

It's almost normal times again! A smaller number came to our January meeting and so enjoyed our speaker and lunch afterwards. Hopefully, everyone will be together at the February meeting.

We have more outings planned for the year, including the postponed lunch at Limani's, another BBQ lunch, Fingal Bay of course, and the Wharf Revue. Please do join in these social events and encourage friends and neighbours to come along to our meetings.

Importantly, it is time to renew your membership NOW. We have our **AGM in March** and we desperately need a volunteer to become Secretary of the club and another one to become Editor of our Newsletter. Pat and Runa have been so generous with their time for so long. It's time for others to step up and fill these vital positions.

*Lynn Grierson
President*

NEXT MEETING – WEDNESDAY 23 MARCH 2022 AGM

FINANCES

Opening Balance	\$6720.87 \$3684.44	December 2021 January 2022
Receipts	NIL Dec \$3890.20 Jan	Outings, Club Fees & Coffee/Tea
Payments	\$3036.43 Dec \$185.18 Jan	Venue, Speaker & Other Expenses
Closing Balance	\$3684.44 Dec \$7388.46 Jan	
Attendance at the last meeting		Members 27
Bank Account Name: Narrabeen Lakes Probus Club BSB: 062205 Account No. 00902285		

Please remember to wear your membership badge

Annual Membership Fees are due latest in March: renewal \$25, new members \$35.

Remember: If you haven't paid your membership, you are not insured for accidents on any of the Probus events, or on the way to/from it.

Membership lapses if fees are not paid by the AGM in March

Membership Status: 88

WHEN PAYING CASH, PLEASE HAVE THE CORRECT MONEY IN AN ENVELOPE WITH YOUR NAME ON IT.

CHEQUES SHOULD BE MARKED CLEARLY WITH YOUR NAME TO AVOID CONFUSION.

PLEASE DON'T FORGET TO MENTION THE EVENT YOU ARE PAYING FOR

To use direct bank deposit to pay for events or your annual subscription, please make sure you put your name in the reference section and then email me at nonny.moran@gmail.com with your name, amount paid, date and reason for payment.

If you are paying for outings or lunches, please also email Helen at helsim@internode.on.net.

As indicated previously, our Meeting Fee will increase to **\$5 starting in January 2022** to cover expenses and to contribute a little to our Xmas lunch as we have in the past.

We prefer paper money to coins!

Do you have any friends/neighbours who are looking to socialise and make new friends? Bring them along to our Probus meetings – **every fourth Wednesday of the month.**

There is currently no waiting list and we are happy to welcome new members.

And if you are willing to engage in any of the offered activities, or even volunteer to help us keep our Club active and interesting, please come forward and let any of our committee members know.

Norma Moran

COVID-19 RESTRICTIONS STILL APPLY

PLEASE REMEMBER TO GET VACCINATED AND SHOW YOUR CERTIFICATE EITHER ON YOUR SMART PHONE OR THE PAPER VERSION ON ENTRY TO THE CLUB MEETING

Members will have to register with the QR code (please make sure the NSW Services App is downloaded on your smart phone before coming). If you don't have a smart phone, you will be registered on a separate sheet. Social distancing of 2 metres is in place. One empty seat between members; couples can sit together.

Please keep your distance during tea/coffee break - no mingling or loitering allowed in the Auditorium

OUTINGS, LUNCHES AND ACTIVITIES

Friday, 18 March: Lunch at Limani's Narrabeen:

Helen will contact those who have already paid and chosen their meals. Of course, others are welcome. \$40.00 payable by bank transfer, cheque or cash in envelope at February meeting.

Wednesday, 6 April, 11.30: BBQ at Winnererremy Bay/Flying Fox Park, Mona Vale

\$5.00 payable at February meeting. Sausage sandwiches, soft drinks and red and white wine provided. Bring your own chair and don't forget your hat and sunscreen.

Wednesday, 13 April: Time to start walking again! Let Helen know if you are interested.

Location to be determined, but not involving public transport.

Forthcoming suggestions:

Mini-golf at Warriewood

Barefoot bowls - possibly at Newport Bowling Club

Christmas in July - two-day trip

Bowral Tulip Festival - day trip. In the week of 19-23 September

Please let Helen know as soon as possible if you would be interested in any of these, so bookings can be made.

Helen Howes



A group of sixteen were on the Hawkesbury River Postman's run a fortnight ago, luckily the one day it didn't rain! It was beautiful day on the river with morning tea and a nice lunch provided, much enjoyed by all. A wonderful trip to a wonderful place, with the perfect company – how much more do you want? That's what Probus is all about.

5 – 12 March 2022, Fingal Bay Seaside Resort:

Fingal Bay Update for our March Holiday Week

It is only 10 days until we travel to Fingal Bay so could all those who have booked please see me at morning tea time at our February Club meeting for a final briefing

Ron Allars

THEATRE

WHARF REVUE 2022: CAN OF WORMS

The WHARF REVUE is setting out to sea again on a journey of satirical discovery – but this time under its own steam. All hands on deck for a daring adventure as they navigate the dire Straits of Covid, sail around the treacherous Horn of Scomo, steer well clear of the empty Cape of Pauline, only to be becalmed in the Nationals Bermuda Jacket Triangle before turning across a New World, filled with hope and promise! Or Not.

Matinee Performance is on Wednesday, 30 March, 2022 at 11 am.

12 seats are booked for our Probus members. Tickets will be handed out at the theatre just before the performance.

Runa Schmidt-Muller

SPEAKERS

February 2022: Kevin Murray, The Anthropocene: the story of the world since the arrival of man. Kevin will explain to us why scientists felt the need to allocate a new geological name, the Anthropocene Age, or Age of Man from the last 12,500 years to the present.

March 2022: Stephen Cassettari, Chinese Art demonstration. will return to demonstrate the calm, beauty and seeming simplicity of Chinese art. Stephen is a full-time artist, writer and teacher of Chinese brush painting

April 2022: Ian Thompson, Iconic Australian Inventions of our Time. Ian will remind us of the many and varied Australian inventions in our past.

Martin Bes

The FUTURE is approaching faster than one can handle....! CONTINUING FROM January 2022

Real estate will change. Because if you can work while you commute, people will move further away to live in a more beautiful neighbourhood.

Electric cars will become mainstream about 2020. Cities will be less noisy because all new cars will run on electricity.

Electricity will become incredibly cheap and clean: Solar production has been on an exponential curve for 30 years, but you can now see the burgeoning impact.

Last year, more solar energy was installed worldwide than fossil. Energy companies are desperately trying to limit access to the grid to prevent competition from home solar installations, but that can't last. Technology will take care of that strategy.

With cheap electricity comes cheap and abundant water. Desalination of salt water now only needs 2kWh per cubic meter (@ 0.25 cents). We don't have scarce water in most places, we only have scarce drinking water. Imagine what will be possible if anyone can have as much clean water as he wants, for nearly no cost.

Health: The Tricorder X price will be announced this year. There are companies who will build a medical device (called the "Tricorder" from Star Trek) that works with your phone, which takes your retina scan, your blood sample and you breath into it.

It then analyses 54 bio-markers that will identify nearly any disease. It will be cheap, so in a few years everyone on this planet will have access to world class medical analysis, nearly for free. Goodbye, medical establishment. TO BE CONTINUED.....

TENNIS: Narrabeen Senior ladies tennis group: A long established ladies tennis group who play on **Thursday mornings** in the Council courts in Woorarra Ave, is seeking a few new members. You do not need to join and you only pay on the days you play. The cost for tennis and coffee is \$10. We are a friendly, happy social group who enjoy our game. Call Jill Bruce 0407288844

UPCOMING EVENTS FOR 2022			
EVENT	TIME	COST	CONTACT
WINING AND DINING Lunch after the meeting at members' choice. Lunch at Limani's, Narrabeen	12.30 Fri/18 March 12 noon	\$40	Helen Howes 0424 464 047
OUTINGS BBQ at Winnererremy Bay/Flying Fox Park Seaside Spring Holiday Week at Fingal Bay Wharf Revue at the Glen Street Theatre	Wed/6 April 11.30 5-12 March Wed/30 Mar 11 am	\$5 \$75	Helen Howes 0424 464 047 Ron Allars 0418 236 980 Runa SM 0403 939 499
SPEAKERS Kevin Murray: The Anthropocene	Wed/23 Feb		Martin Bes 0402 252 419
MEMBER SPEAKER:			

And on a personal note:

I have been the Editor of the Newsletter for the past 5+ years. Time for a change. If anyone is game enough to take it on, please let me know. I will be happy to hand over and give another Probus member a go!
Training included.

Runa Schmidt-Muller

MINUTES OF A MEETING OF THE NARRABEEN LAKES PROBUS CLUB INC. HELD ON 19TH JANUARY 2022

WELCOME by PRESIDENT

Lynn Grierson opened the meeting at 10.02am and welcomed all members to the meeting.

APOLOGIES

Ron Allars, Paul & Judy Hrones, Lyn & Ray Johnson, Peter Beckerleg, Lawrie & Jill Edey, Ivan Heyman and Roberta Brose

MINUTES

The minutes of the meeting held on 24th November, 2021 were confirmed and having been circulated by newsletter or email, were approved by the meeting on the motion of Jo Gravemade and seconded by Runa Schmidt-Muller and will be signed by the President.

TREASURER

Norma Moran reported that the receipts for October were \$1,947 and payments of \$235.40 made the closing balance is \$6,720.80. This includes money received for the Limani lunch and deposits for Fingal Bay. Norma requested the \$25 renewal membership fees be paid directly to the bank account.

SECRETARY

Membership badges and membership cards were available to provide to the following new members but none were present at the meeting. They will be presented when members attend their next meeting.

Carole Lloyd – membership badge & card

Anne Margaret Parry – membership badge & card

Robyn Curley – membership card

MEMBERSHIP OFFICER

We had 27 members attend the meeting.

BIRTHDAY SCRATCHIES

Helen Howes presented scratchies to members who had a January birthday.

OUTINGS ETC

Wednesday 9th February 2022 – The Riverboat Postman for a trip down the lower Hawkesbury. Cost is \$50 per head and self drive to Brooklyn or Car Pool leaving from Pittwater RSL at 8.30am.

5th-12th March – Fingal Bay Seaside Resort. There are still some 2 bedroom apartments available at a cost of \$749 for the week. Speak to Helen if you are interested in this holiday.

THEATRE

Wednesday 30th March 2033 – Wharf Revue presenting Can of Worms at 11am at a cost of \$75 per head.

GUEST SPEAKERS

Dr. Richard Harris who is a Vascular Surgeon as well as the author of his book "Imagine".

Dr Harris started by providing the meeting with details of his career as a Vascular Surgeon starting with his studies at Sydney University. He graduated in 1989 with an MBBS and then went to study in Oxford in 1992 where he and his wife had their first baby.

He completed his General Surgery degree at Royal North Shore Hospital and his Vascular fellowship in 2000 and commenced practicing in 2002 at the age of 39.

Dr. Harris was instrumental in the major improvements to Hornsby Hospital. He highlighted the changes in surgery with the commencement of non invasive surgery.

In 2016 he started his novel "Imagine" inspired by the John Lennon song. He was motivated to finish this book by the loss of his wife to breast cancer just before the COVID outbreak. This book was published in 2021 and is a vision of what the world could look like and is a vision of hope.

Many thanks to Dr. Harris for this inspirational talk.

The meeting finished at 11.40am.